



ENVIRONMENTAL STUDIES CH: 3 FROM TASTING TO DIGESTING

Class: V

I. Fill in the blanks.

1. The sense organ of our body that tastes the food is -----
2. Our tongue has tiny bumps called -----that help us to taste the food.
3. The sense of taste and ----- are interconnected.
4. -----is the breaking down of food into simple substances that our body can use.
5. To digest the food properly, we should eat food -----and -----it well.
6. If we have vomiting and loose motions, we feel -----
7. A glucose drip will give us ----- quickly.
8. To get enough and -----food is the right of every child.
9. The temperature of our stomach is about ----- $^{\circ}\text{C}$.
10. A person is given ----- solution when he has vomiting and loose motions.

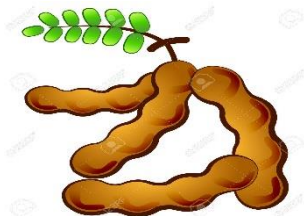
II. Given below are pictures of some food items. Write the kind of taste each of them has in the blanks.

11.





12.





III. Write True or False against the following statements.

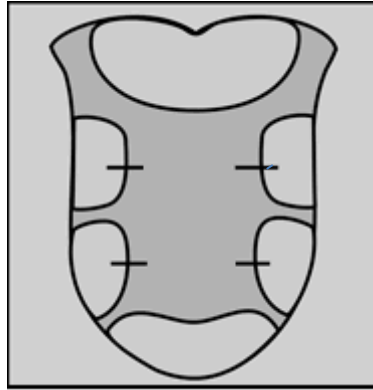
13. Saliva in our mouth helps in the digestion of food. -----



- 14. Junk food is better than home cooked food for our health. -----
- 15. Dr Beaumont found that food digests faster in the stomach than outside. -----
- 16. Many people die of hunger in Kalahandi. -----
- 17. We should do very less physical activities. -----

IV. Mark the parts on our tongue which helps in identifying the different kinds of tastes.

18.



V. Answer the following questions.

- 19. Why should we chew our food?

- 20. What do you understand by 'proper' food?

- 21. What is the main function of tongue? What are the four kinds of tastes?

- 22. What symptoms will a child show who eats only junk food?

- 23. Make a menu for breakfast, lunch and dinner which includes proper food appropriate for your age.

